

OUR LADY OF MOUNT CARMEL CATHOLIC CHURCH
Marriage Preparation Program
Instructions for Engaged Couples 2018-2019

Congratulations on your upcoming wedding! We are pleased to work with you as you prepare for this very special and very spiritual celebration of the Sacrament of Marriage.

As soon as you announce your engagement and/or set your wedding date, you should get started with the Marriage Preparation Process. Ideally, the Marriage Prep Process should be COMPLETED at least SIX MONTHS prior to the date of your wedding.

OLMC Marriage Preparation Program Components:

1. Pre-marriage FOCCUS inventory
2. Meetings with the priest who will preside at your wedding (the number of these meetings will be determined by the priest)
3. *Introduction to Theology of the Body* Marriage Prep Workshop
4. Three to four sessions with a Mentor Couple before the wedding
5. At least one session with a Mentor Couple after the wedding
6. Introduction to Natural Family Planning (second Tues. of every month, 7 p.m.)

Engaged Couple Checklist and Timeline:

8 to 12 months before wedding

Contact OLMC parish office (317-846-3475) to:

- Schedule time to take the Pre-marriage FOCCUS Inventory
- Set a meeting with the priest
- Schedule wedding with parish secretary

8 to 12 months before wedding

- Register for *Introduction to Theology of the Body* Marriage Prep Workshop**

Contact the Director of Adult Faith Formation, Tom Ponchak: (317) 663-4010.

(Choose the session that is furthest out from your wedding.)

- Sunday, Aug. 26, 2018, Noon – 5PM; St. Thomas Aquinas Room
- Sunday, Feb. 24, 2019, Noon – 5PM; St. Thomas Aquinas Room

- Mail fee for Marriage Prep workshop/materials to: Director of Adult Faith Formation, OLMC, 14598 Oak Ridge Rd., Carmel, IN 46032 (\$60 - OLMC parishioners; \$75 - non-parishioners; checks payable to OLMC).

- Schedule 3 to 4 sessions with Marriage Prep Mentor Couple (Engaged couple will meet Marriage Mentor Couple at Marriage Prep workshop.)

- Attend 1 NFP Intro session. See bulletin for room location and dates.

6 to 7 months before wedding

Speak with Sandy Gruening, OLMC Wedding Coordinator (Sandy will contact you).

1 month before wedding

- Present Marriage License to priest who is preparing you for marriage.
- (Catholic parties only) Celebrate Sacrament of Reconciliation (i.e. Confession) before wedding day.