



This group meets the first and third Wednesdays of every month. We are starting over at Session 1 on May 18, 2016 in the Merciful HELP Center waiting room from 7:00 - 8:30 pm. This is located in the Matthew 25 Building on OLMC's Campus. This group is open at all times to newcomers. The cost of the group is \$16 per person for materials. Financial Aid is available upon request.

This can be a confusing time when you feel isolated and have many questions about things you've never faced before. This is a video based program that also includes discussion and personal study and reflection.

When to Join A GriefShare Group

You are welcome to begin attending the GriefShare group at any session. Each is "self-contained," so you do not have to attend in sequence. You will find encouragement and help whenever you begin. You will be able to continue with GriefShare through the next 13-week cycle and view any of the videos you have not seen.

START AT ANY TIME! ALL TOPICS ARE SELF CONTAINED!

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| May 18, Session 1: Is This Normal? | Sept. 7, Session 8: Complicating Factors |
| June 1, Session 2: Challenges of Grief | Sept. 21, Session 9: Stuck |
| June 15, Session 3: The Journey of Grief Part 1 | Oct. 5, Session 10: Lessons of Grief Part 1 |
| July 6, Session 4: The Journey of Grief Part 2 | Oct. 19, Session 11: Lessons of Grief Part 2 |
| July 20, Session 5: Grief and Your Relationships | Nov. 2, Session 12: Heaven |
| August 3, Session 6: Why? | Nov. 16, Session 13: What Do I Live for Now? |
| August 17, Session 7: Guilt and Anger | |

Please fill out this form and return to:

Jayne Slaton, Merciful HELP Center, 1045 West 146th Street, Suite A, Carmel, IN 46032.

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____ Cell: _____ Email: _____

Payment enclosed _____ Scholarship requested: _____

Please contact **Jim Buzzelli** at 317.844.3736 with questions and details.

For office use only:	
_____	Check #
_____	Amount
_____	Registered